

How to break 90



A huge part of breaking through any scoring barrier is getting your mind set right. You need to do two things to break 90:

First of all, you need to realize that 89= 17 bogeys & 1 par on a par 72 golf course. Every golfer who wants to break 90 has made a lot of pars and bogeys in the past, so there's nothing in breaking 90 that you can't already achieve.

Secondly, pick the right tee box. You cannot go into this with the idea that you have to break 90 from the tips. If you have to go to the forward tees to break 90, then do it. Scoring barriers are mental, and once they've fallen, they're fallen for good and you should want to break them as soon as possible.